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**Approved Medications List for Pregnancy**

	<b>First Trimester (0-13 Weeks)</b>	<b>Second Trimester (14-28 Weeks)</b>	<b>Third Trimester (28-40 Weeks)</b>	<b>Breastfeeding</b>
<b>Symptom</b>				
<b>HEADACE</b>	Tylenol Tablets as directed	Tylenol Tablets as directed	Tylenol Tablets as directed	Tylenol
<b>INDIGESTION</b>	Tums or Mylanta II	Tums or Mylanta II	Tums or Mylanta II	Tums or Mylanta II
<b>COLD/FLU SINUS</b>	Saline Nasal Spray Benadryl 1 every 4 hrs. Chlortrimeton (as directed)	Saline Nasal Spray Chlortrimeton (as directed) Benadryl (1 capsule every 6 hours)	Saline Nasal Spray Chlortrimeton (as directed) Benadryl (1 capsule every 6 hours)	
<b>COUGH</b>	Halls Cough Drops Robitussin Max Strength Cough Suppression (as directed)	Halls Cough Drops Robitussin Max Strength Cough Suppression (as directed)	Halls Cough Drops Robitussin Max Strength Cough Suppression (as directed)	Halls Cough Drops Robitussin Max Strength Cough Suppression as directed
<b>SORE THROAT</b>	Chloraseptic Spray Throat Lozenges Warm salty gargles	Chloraseptic Spray Throat Lozenges Warm salty gargles	Chloraseptic Spray Throat Lozenges Warm salty gargles	
<b>CONSTIPATION</b>	Fibercon - 2 tabs twice a day with glass of water Colace 100 mg (2 twice a day)	Fibercon - 2 tabs twice a day with glass of water Colace 100 mg (2 twice a day)	Fibercon - 2 tabs twice a day with glass of water Colace 100 mg (2 twice a day)	
<b>DIARRHEA</b>	Imodium AD	Imodium AD	Imodium AD	
<b>SLEEP</b>	Benadryl	Benadryl Tylenol PM	Benadryl Tylenol PM	
<b>REFLUX</b>	Zantac 150 mg (2 twice a day)	Zantac 150 mg (2 twice a day)	Zantac 150 mg (2 twice a day)	
<b>NAUSEA &amp; VOMITING</b>	Dimenhydrinate -Dramamine	Dimenhydrinate -Dramamine	Dimenhydrinate -Dramamine	Ginger